

3rd August 2025

in the care of the Missionaries of God's Love

St Benedict's

St Benedict's Catholic Church, Narrabundah

18th Sunday of Ordinary Time



Coming up:

Called and Gifted Series
6 Aug

RCIA
14 Aug

Explosion Youth Conference
8-11 Oct



cg.org.au/narrabundah

Community and Vision

SAFEGUARDING

Here at St Benedict's we value the wellbeing and safety of all our parishioners, especially our children.

OUR COMMITMENT TO OUR CHILDREN:

1. Children are safe, informed and participate:

Children are informed about their rights, participate in decisions affecting them and are taken seriously.

2. Partnering with Families, Carers and Communities:

Families, carers and communities are informed and are involved in promoting child safeguarding

3. Equity is promoted and diversity is respected

Equity is upheld and diverse needs are respected in policy and practise.

4. Robust Human Resource Management

People working with children are suitable and supported to reflect child safeguarding values in practice.

5. Effective Complaints Management

Processes for raising concerns and complaints are responsive, understood, accessible and used by children, families, carers, communities and personnel.

ACTION: Julie Long is our Child Safeguarding Volunteer here at St Benedict's. You contact her via 0434583946 for any enquiries.

Events and Announcements

12
AUG

Fr Chris Away until 12th of August.

For those who may have missed the bulletin or may not know, Fr Chris is away in New Zealand from now until 12th of August. Apologies for any inconveniences.

8-19
AUG

Parish Office Closed: 8-19th of August

From the **8th of August** the Parish Office will be closed until it reopens on the **19th of August** due to Secretary Annual leave. During that time, please email any requests and they will be answered upon arrival as soon as she can.

5
AUG

Men's Sharing Group

All men are welcome to Men's Sharing Group that occurs fortnightly in the Parish Centre. The next meeting will be on the Tuesday 5th of August starting at 7:30pm. For more info, contact John Murray 0480257761



Adoration Roster - Current hours to fill

1. Wednesday 4-5pm
2. Friday 9am-10am
3. Friday 7-8pm

If you can fill one of these, please sign up via the QR-Code!



24
AUG

St Benedict's Feast Day Celebration

St Benedict's Feast Day Celebration on the **24th of August after the 9 am Mass**. This will be bringing a cultural plate to share, and we will have a cultural day celebrating the diversity of our beloved community with fellowship, food and dancing! A very generous parishioner has donated a large Hamper and other goodies as prizes and **tickets will be sold after 5pm Masses on the 9th and 23rd of August and after the 9am Masses from the 10th of August.**

6
AUG

Called and Gifted Workshop - Week 3 this week!

Learn about the Charisms of the Holy Spirit and discern your spiritual gifts. The Good Shepherd Catholic prayer group invite you to join us for **5 Wednesday evenings from 23 July until 20 August, from 7pm to 9pm**. Presented by Clara Geoghegan and Adrian Wellspring at St Peter Chanel's parish room in Weston St, Yarralumla. The cost of \$30 covers the course workbook. To register, contact Susanna on 0419 902 293 or Sue 0409 443 268.

14
AUG

RCIA Course

Interested in becoming Catholic or want to know more about the Catholic faith? St Benedict's is running an RCIA Program (Rite of Christian Initiation for Adults) in 2025. RCIA is an opportunity to come together to learn more about the Catholic faith. Sessions focus on the teachings and experience of the Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist during the Easter season. This will be a weekly commitment from August 2025 through to Easter 2026, Thursdays 6:30pm-8pm in the Parish Centre run by Fr Samson and his team. To register, scan the QR code or follow the link: <https://forms.gle/xRh1KPY8kkihbuVe8>



8-11
OCT

Explosion Youth Conference: Registration Open!

EXPLOSION is a Catholic Youth Conference coordinated by the Disciples of Jesus Community in Canberra. Open to students in **years 7-12** who want to seek to answer the big questions about life and faith, form you in your faith intellectually and encourage you to deepen your relationship with God. This year we will be looking at the question that Jesus poses to His disciples in John 6, "Have I not chosen You?" **October 8-11, St. Clare's College, Canberra.** For more information - <https://www.explosionyouth.com/>

Notices Outside the Parish

ORDINATION TO THE PRIESTHOOD

5th Sept | 6:00pm

Deacon Joseph Nivaskaran MGL & Deacon Michael Last MGL.

The ceremony will be presided over by Most Reverend Archbishop Christopher Prowse on Friday, 5 September 2025, at 6:00 p.m., at St Christopher's Cathedral, Canberra.

You are most welcome to join the faithful in this solemn celebration as these deacons are ordained to serve as priests in the Church.

DONATION FOR PRIEST'S FAMILIES

Deacon Joseph is getting ordained, and it would be ideal to have his family be here with us. Fr Samson would love to visit his family back home. Santosh has set up a "GoFundMe" page to help raise funds for both Fr. Samson and Deacon Joseph.

If you would like to donate and support them in seeing their families, you can go ahead and do so through the link below or scan the QR Code. <https://gofund.me/056ac515>



"Go Fund Me" Page for Deacon Joseph and Fr Samson

Regular Parish Groups

REST IN ME MEDITATIONS

Each Wednesday
10am-12pm, Parish Centre
Ayanthi Perera

MOTHERS PRAYERS

Each Monday (school term)
9.30am, Parish Centre
Rachael Nano 0412472243

KINGDOM KIDS

Sun 9am Mass
Contact Sherice 0408 259 502.

STREET MINISTRY

Friday Nights
After 5:30pm Mass, Civic

FUSION YOUTH GROUP

Friday Nights (Fortnightly)
7-9pm (Contact Axel Healey)

Praying for the sick

Jindalee & Mt View residents; Pamela Brown and family, Sarah Lisbon, Melissa Dixon, retired Bishop Pat Power, Tony Evans, Caroline Evans, Jackie Carpenter, Mark Ransom, Gert Fletcher, Anna Pace, Rita Smith, Mattia Wellspring, Wendy Fisher-Hudson, Barry Murphy and all those sick in our parish.

Recently Deceased: Veronica Nelmes, Mary Smith

Anniversaries: Fr Peter Gannon

Priests:



Parish:



Giving / Stewardship

Give now using QKR!

1st Collection: supports our parish priests

2nd Collection: helps with the running costs to our parish (wages, loan, utilities).

Donation via Deposit

If you would like to join our planned giving program or make a donation; contact the parish office for account details.



[stbenedicts.canberra](https://www.stbenedicts.canberra)



[St. Benedict's Church and Mission Centre, Canberra](https://www.stbenedicts.canberra)

First Reading Eccl 1:2; 2:21-23

What do people gain by all their work?

Vanity of vanities, the Preacher says. Vanity of vanities. All is vanity!

For so it is that a man who has laboured wisely, skilfully and successfully must leave what is his own to someone who has not toiled for it at all. This, too, is vanity and great injustice; for what does he gain for all the toil and strain that he has undergone under the sun? What of all his laborious days, his cares of office, his restless nights? This, too, is vanity.

Responsorial Psalm

Ps 89:3-6. 12-14. 17. R. v.1

(R.) In every age, O Lord, you have been our refuge.

- 1. You turn men back into dust and say: ‘Go back, sons of men.’ To your eyes a thousand years are like yesterday, come and gone, no more than a watch in the night. (R.)
- 2. You sweep men away like a dream, like grass which springs up in the morning. In the morning it springs up and flowers: by evening it withers and fades. (R.)
- 3. Make us know the shortness of our life that we may gain wisdom of heart. Lord, relent! Is your anger for ever? Show pity to your servants. (R.)
- 4. In the morning, fill us with your love; we shall exult and rejoice all our days. Let the favour of the Lord be upon us: give success to the work of our hands. (R.)

Second Reading Col 3:1-5, 9-11

Seek the things that are above where Christ is.

Since you have been brought back to true life with Christ, you must look for the things that are in heaven, where Christ is, sitting at God’s right hand. Let your thoughts be on heavenly things, not on the things that are on the earth, because you have died, and now the life you have is hidden with Christ in God. But when Christ is revealed – and he is your life – you too will be revealed in all your glory with him.

That is why you must kill everything in you that belongs only to earthly life: fornication,

impurity, guilty passion, evil desires and especially greed, which is the same thing as worshipping a false god; and never tell each other lies. You have stripped off your old behaviour with your old self, and you have put on a new self which will progress towards true knowledge the more it is renewed in the image of its creator; and in that image there is no room for distinction between Greek and Jew, between the circumcised or the uncircumcised, or between barbarian and Scythian, slave and free man. There is only Christ: he is everything and he is in everything.

Gospel Acclamation Mt 5:3

Alleluia, alleluia! Happy the poor in spirit; the kingdom of heaven is theirs! Alleluia!

Gospel Lk 12:13-21

To whom will all this wealth of yours go?

A man in the crowd said to Jesus, ‘Master, tell my brother to give me a share of our inheritance.’ ‘My friend,’ he replied, ‘who appointed me your judge, or the arbitrator of your claims?’ Then he said to them, ‘Watch, and be on your guard against avarice of any kind, for a man’s life is not made secure by what he owns, even when he has more than he needs.’

Then he told them a parable: ‘There was once a rich man who, having had a good harvest from his land, thought to himself, “What am I to do? I have not enough room to store my crops.” Then he said, “This is what I will do; I will pull down my barns and build bigger ones, and store all my grain and my goods in them, and I will say to my soul: My soul, you have plenty of good things laid by for many years to come; take things easy, eat, drink, have a good time.” But God said to him, “Fool! This very night the demand will be made for your soul; and this hoard of yours, whose will it be then?” So it is when a man stores up treasure for himself in place of making himself rich in the sight of God.’

The psalm responses are from the English Translation of the **Lectionary for the Mass** ©1981 International Committee on English in the Liturgy Inc. (ICEL). All rights reserved. The psalm texts, from **The Psalms, A New Translation**, ©1963 by The Grail, England and used by permission of the publishers. The scriptural quotations are taken from the **Jerusalem Bible** published and copyrighted 1965, 1967 and 1968 by Darton Longman and Todd Ltd and Doubleday & Co Inc, and used by permission of the publishers. © 2017 Creative Ministry Resources Pty Ltd All use must be in accordance with your user licensing agreement.



Reflection by Fr Michael Tate

Conversation is what makes us human: we are word animals. Anyone who has been in hospital for some time knows that it is the lack of conversation which starts to tell. We need mouth to mouth resuscitation.

Did you notice in today’s Gospel that the rich landowner is constantly murmuring to himself. He poses questions which he answers. He is so bound up with his possessions that there is no room in his life for real conversation with people or with God.

In muttering to himself, the rich man was becoming dehumanised and in danger that at the moment of death, he could find himself monologuing for all eternity, and that is a Hellish existence. He, and we, need to learn the language of Heaven and we begin that on earth.

There are two partners of conversation we need: With God we call it prayer. The Our Father is the conversation of the children of God with their heavenly Father. With other people, real dialogue might reveal something about them such that we need to respond wholeheartedly.

And then, draw closer to Our Lady who was the greatest conversation partner with God: ‘Be it done unto me according to Thy word.’ She is constantly trying to draw us into her conversation with God.

We could pause for a moment to ask Our Lady to help us to learn and practise the language of Heaven: ‘now, and at the hour of our death.’ Amen.

mtate@bigpond.com

Our Commitment to Safeguarding:

At St Benedict’s Parish, we are committed to creating a safe and welcoming environment for all, especially children, young people, and vulnerable adults. We follow Archdiocesan safeguarding policies and procedures to ensure that everyone in our community is protected and respected.

MASS TIMES

Weekdays

5:30pm (Tues, Thurs)
12:30pm (Wed)
5.30pm Friday Healing Mass

Saturday

8am
5pm (Vigil)

Sunday

9am
6pm (Charismatic)



EUCCHARISTIC ADORATION

Come adore Jesus in the Blessed Sacrament.

Mon - Tue:

7am - 9pm

Wed - Thurs:

1pm - 9pm

Friday

7am - Sat 8am



ROSARY

After each weekday mass except Fridays.
After Sat 8am Mass.

RECONCILIATION

Friday

6:15pm - 7pm

Saturday

4pm - 4.30pm



SPIRITUAL DIRECTION & PERSONAL VOCATION

Adrian Wellspring

OUR PRIESTS AND DEACON

Fr Chris Eaton MGL (PP)
Fr Samson Ezemuokwe MGL (APP)
Deacon Joseph Nivaskaran
Fr Tony Schick MGL

PARISH OFFICE

(02) 6295 7879
narrabundah@cg.org.au
Tue/Thurs/Fri: 9am-12pm

MUSIC COORDINATOR

Ariana Strmota: 0406377887

SAFEGUARDING OFFICER

Julie Long
Contact: IPPS@cg.org.au