



## PARISH OF THE TRANSFIGURATION, NORTH WODEN

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### 20-21 February, the First Sunday of Lent (Year B)

#### **WEEKDAY AND WEEKEND MASSES, LITURGY and RECONCILIATION TIMES:**

Monday	9.30am Curtin
Tuesday	9.30am Curtin
Wednesday	9.30am Curtin – Liturgy of the Word and Communion
Thursday	5.30pm Curtin
Friday	9.30am Curtin (incl. Anointing of the Sick on First Friday)
Saturday	Reconciliation 5.00-5.30pm Curtin; Mass 6.00pm Curtin
Sunday	9.30am Curtin, 5.30pm Curtin

**ENTRANCE ANTIPHON:** When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

**RESPONSORIAL PSALM:** Your ways, O Lord, are love and truth to those who keep your covenant.

**GOSPEL ACCLAMATION:** Praise to you, Lord Jesus Christ, king of endless glory! No one lives on bread alone, but on every word that comes from the mouth of God. Praise to you, Lord Jesus Christ, king of endless glory!

**COMMUNION ANTIPHON:** One does not live by bread alone, but by every word that comes forth from the mouth of God.

#### **MAY THE DECEASED REST IN PEACE AND RISE IN EASTER GLORY**

**Recently Deceased:** Jim McMahon, Kathleen Hogan, Felicity Bearder, John Mason, Jim Daly, Janet Swan, Denis Lenihan, Archbishop Philip Wilson, Katerina Imsivovic, Fr Lino Zamperoni, Dave Barrow, Fr Tim Cahill, Maria Italiano, Maree Spillane, Bishop Geoffrey Robinson, Ellen Thompson, June Barrett, Audry Stilling, Tom Hayward, Eileen Cooper, Marisa Chupin, Mungo MacCallum, Jim Neill, Jack Stewart, Andrea Wheeler, Nicola Sheehan, Ida Feld (housekeeper to former PP of Garran, Msgr John Kelly), Steve James and victims of COVID.

**Anniversaries of Death:** Jack Perry, Desmond Lilley, Patsy Edwards, Sylvia Cronin, George Pugh, Francesco Iacovetta, Kevin Wilson, Chris Perkins, Joanne Binutti, Peter Marlow, Margaret Frawley, Canico Gusmao Belo, John Holtzapffel, Lewis Mesaros, Peter Majer, Domenica D., Oreste Trinca, Friedrich Lueth, Helen Day, Nick Dulay, Jose Infante, Valerie Mills.

#### **MAY THE SICK BE COMFORTED BY OUR PRAYERS**

Eleanor Dorman, Frank Boyle, Sheila Langtry, Margaret Jones, Betty Cole, Marilyn Pugh, Fred Schinkel, Fr Greg Beath, Fr Michael Mullen, Jeffrey Harris, Peta Doyle, Nick Palethorpe, Mark Williams, Michael Baker, Andrea Miller, Grayham Rundle, Kyra Berger, Ian McDonald, Maureen Daly, Mark Tirrikainen, Fr Laurie Blake, Emma Lowe, Rose Winstanley, Joseph Garside, those afflicted with COVID, Bella Davidson.

#### **HAPPINESS IS AN INSIDE JOB**

***“Spirituality is concerned with how to live a full life, not an empty one. The fact is that all we have in life is life. Things - the cars, the houses, the education, the jobs, the money - come and go. They turn to dust between our fingers eventually. They change and disappear. The gift of life, the secret of it is that life must be developed from the inside out. What we bring to it from within ourselves, not what we collect or consume as we go through it. Not even what we experience in the course of it. It is not circumstances that make or destroy a life. Anyone who has survived the death of a lover, the loss of a position, the end of a dream, the enmity of a friend, knows that. It is the way we live each of the circumstances of life, the humdrum as well as the extraordinary, the daily as well as the defining moments, that determines the quality of our lives. Yet each of us has the latitude to live life either well or poorly. Ironically enough, it is a matter of decision and the decision is ours. Time presses upon and tells us we are too busy to be contemplative, but our souls know better. Souls die from lack of reflection. Responsibilities dog us; tell us we are too involved with the real world to be involved in the spiritual questions. But it is always the spiritual questions that make the difference in the way we go about our public responsibilities” Sr. Joan Chittister, ‘Contemplation in the Midst of Chaos – Program 453’ (emphasis added). The thoughts of Sr Joan could not be more timely. In Lent we are being called to ‘repent’ (today’s Gospel), that is, to realign or refocus our lives. Lent for the Church universal arose from the time of those preparing to be baptised and for those who were being reconciled with the Church after acts of public penance. It is***

still a time of proximate preparation for those to be received into the Church at Easter. For the millions already baptised it is meant to be a time of renewal through prayer (personal encounter with God), fasting (self-denial), penance (making amends), charitable acts (outreach) and financial support ('alms giving') for worthy causes (cf. Project Compassion boxes or envelopes in the foyer). **The forty days of Lenten renewal, akin to Jesus' 40 days in the desert, prepare us for the celebration of new life of Easter and the outpouring of the Holy Spirit (Pentecost). May this graced season find us receptive.**

Fr John

**SEASON OF LENT** options for Lenten renewal are offered:

- (1) **'WALK IN THE SPIRIT', Archdiocesan online Lenten renewal experience, 18 February – 25 March, 7.30pm to 9.00pm.** Led by Archbishop Prowse and open to all. Info and registration at <https://cgatholic.org.au/walk-in-the-spirit/>
- (2) **'Lent'**, copies of the (mauve) pamphlet overview of the Season of Lent prepared by the Archdiocesan Liturgical Commission are available in the foyer.
- (3) Friday post-9.30am Mass there is a cuppa and **Lenten reflection** in the Parish Centre led by Sr Angela Jordan RSM.
- (4) **Intro to Christian Meditation** St Peter Chanel's Yarralumla meeting room, 7.15pm for 5 successive Tuesdays, commencing 23 Feb. Enquiries Rod or Susan: 0401 731 918 ([wccmaustralia.org.au](http://wccmaustralia.org.au)).

**Lenten Discipline:** To assist our renewal, the Church calls for Ash Wednesday and Good Friday to be days of fast (for those aged over 18 and up to 60) and abstinence from meat (for those aged 15 and older). Other Fridays of Lent and the rest of the year are days of penance. The obligation is fulfilled through abstinence, fasting, prayer or works of charity. Each year Catholics are obliged to receive Holy Communion between Ash Wednesday and Trinity Sunday. Lent is the most appropriate season for the Sacrament of Reconciliation. Extra times for the sacrament will be duly noted.

**PROJECT COMPASSION** boxes or envelopes are available in the foyer. Please take one for each household and display prominently.

**SACRAMENT OF FIRST RECONCILIATION:** We continue to pray for those families who are commencing the family-based preparation for the Sacrament of First Reconciliation. Details available from the Parish Office.

**'Food for Body and Soul'** University, TAFE, and College students are invited to meet over a light meal for an information evening on life issues with ACT Right to Life Council members, 6.00pm – 9.30pm, Tues, 9 March, Parish Centre. Please notify your attendance for catering purposes. Info: Bev - 0418 718 713 / [345bevc@gmail.com](mailto:345bevc@gmail.com)

**ARCHDIOCESAN MEN'S CURSILLO WEEKEND RETREAT** commencing the evening of Thursday 25 through to Sunday 28 March. Contact Geoff ([chantel1997@hotmail.com](mailto:chantel1997@hotmail.com), 0451 013 772).

**'ENGAGED ENCOUNTER RETREAT:** A weekend opportunity for engaged couples to gain deeper insights into each other and married life. Weekends on 20-21 Feb, 1-2 May, 7-8 August & 13-14 Nov. Info at [www.engagedencounter.org.au](http://www.engagedencounter.org.au)

**Seven Week Marriage Enrichment Course via Zoom:** The Archdiocese invites married couples to enrich their relationship from the comfort of their own home. The parish will cover the \$70 cost/couple. Inquiries to Steph, [steph.ransom@cg.org.au](mailto:steph.ransom@cg.org.au) or at <https://mailchi.mp/b4c3fdd09d6a/tmc21>

**PARISH MEDITATION GROUP** meet weekly. Details Vikki McDonough, [mulvaney@netspeed.com.au](mailto:mulvaney@netspeed.com.au) or 0437 876 487.

**Prayer Circle Support:** Cathy Harris, 6281 2574.

**Readings for next Sunday:** Gen 22:1-2, 9-13, 15-18; Rom 8:31-34; Mk 9:2-10.

<b>LITURGICAL ROSTERS NEXT WEEK: 27-28 February, the Second Sunday of Lent (Year B)</b>			
<i>4<sup>th</sup> Sunday of the Month</i>	<b>Curtin Sat. 6pm</b>	<b>Curtin Sun. 9.30 am</b>	<b>Curtin Sun. 5.30 pm</b>
<b>Acolyte</b>	Anthony De Salis	Dan McKay	Mark Murphy
<b>Servers</b>			
<b>Reader</b>	Desmond Strusz	Brendan Ryan	Mark Murphy
<b>Commentator</b>	Nedra Kelaart	Denis Howden	
<b>Welcomer</b>	Margaret Williams	Volunteer required	
<b>Communion to Sick</b>	St Andrew's: Helen Crain-Welsby	Fred Ward: John O'Connor, Marianne Crane	Homes: Therese & Peter Wynter
<b>Collectors</b>	J David	Volunteer required	Volunteer required
<b>Collection Counters</b>	Rosemary O'Mally, Bryan Stevens		
<b>Wednesday Liturgy</b>	Leader of Prayer: John & Alex Eyers	Eucharistic Minister: Emma Fairfax	

