



PARISH OF THE TRANSFIGURATION, NORTH WODEN

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Holy Trinity Church, Parish Office and Presbytery, 3 Strangways Street, Curtin
Ss Peter and Paul Church, Boake Place, Garran. <http://cg.org.au/wodennorth>

12-13 August 2023, Nineteenth Sunday in Ordinary Time, Year A

HOLY TRINITY CHURCH WEEKDAY AND WEEKEND MASSES, LITURGY and RECONCILIATION TIMES:

Monday	9.30am Curtin
Tuesday	9.30am Curtin
Wednesday	9.30am Curtin (Lit of Word and H Comm)
Thursday	5.30pm Curtin
Friday	9.30am Curtin (including Anointing on First Friday)
Saturday	Reconciliation 5.00-5.30pm; Mass 6.00pm Curtin
Sunday	9.30am and 5.30pm Curtin

ENTRANCE ANTIPHON: Look to your covenant, O Lord, and forget not the life of your poor ones for ever. Arise, O God, and defend your cause, and forget not the cries of those who seek you.

RESPONSORIAL PSALM: Lord, show us your mercy and love, and grant us your salvation.

GOSPEL ACCLAMATION: Alleluia, alleluia! I hope in the Lord, I trust in his word. Alleluia!

COMMUNION ANTIPHON: O Jerusalem, glorify the Lord, who gives you your fill of finest wheat.

MAY THE DECEASED REST IN PEACE AND RISE IN EASTER GLORY

Recently Deceased: Sr Mary Gerardine Agnew rsj, Four ADF helicopter personnel, victims of fire on Maui, Gwen Brown, Fr Laurie Beath, Patricia Roberts, Sinead O'Connor, Fr Rafael Cabezon OP, Fr Brian Sparksman, Tony Bennett, Michael Duffy, Mario Brancella, Sisifo Gisa, Mato Babic, Roland Brannelly, Patricia Crofts, Yook Lin Tan, Fr Anton Bulla SVD, Keith Berks, Charlie Lustri, Lena Meli, Grayham Rundle, Elizabeth O'Keefe, Pam Bishop, Trevor Murphy, Bryan Simpson, Ivka Zarak, Desiree Kilby, Margaret Naylor, Barry O'Neill, Margarita Mecedo, Conchita Munsayac, victims of war in Ukraine and victims of COVID.

Anniversaries of Death: Jim Woods, Marie Pugh, Daniel Joyce, Pam Dewhurst, Ron and Pauline McLennan, Angela and Maria Pezzimenti, Victor and Fredrick Schinkel, Elizabeth Rapmund, Anne Perkins, Terry and June Freebody, Ron Beath, Gerald Whittaker, Joe Gellatly, Milena Ceccarelli, Margaret Perry, Tano Travia, David Jones, Molly Crowe, Barney Crowe, Colleen McCann, Annie Jones, Kathleen Majer, Felicisima Villafuerte, Cecil Wagstaff, Vincent Huang, Veronica Beath, Raco Vincenzo and victims of COVID.

MAY THE SICK BE COMFORTED BY OUR PRAYERS

Fr Mick Burke, Tom Story, Maryann Gregson, Libby Roberts, Troy Anderson, Maureen Adam, Bill Grant, Michael Moloney, Tom Brewer, Jacob Iosefa, Fr Bill Kennedy, George Toth, Ben Arcus, Kathleen Belfanti, Hennie Timmerman, Peter Hewitt, Stephanie De Jongh, Jack Kennelly, Susie Menadue, Philomena Fisher, Rajan Fernandez, Ljubica Gotovac, Jose Arquero, Olga Johnson, Patricia Zorzi, Wendy Altimore, Karen Lloyd, David Swan, Iole Cicolini, Carolyn Wightman, Greg Geering and those afflicted with COVID.

FOCUS – SILENT AND ACTIVE

I have an interest in sport. My sporting prowess was never great but I would 'ave a go'. During the week I went to the National Library's 'GRIT AND GOLD' exhibition of the history of Australian sport. Much of it recalled images, faces and achievements I knew of. Of course, I also learned. I learnt that pedestrianism (competitive walking) was very popular in the early days of the colony, that women's cricket in Australia dates back to 1874, (how good is women's sport at present!), that our first world champion was the sculler Edward 'Ned' Trickett (1876), and that organisers of the 1956 Melbourne Olympics accepted the suggestion of John Wing, a 17 year-old Chinese-Australian apprentice carpenter that a parade of athletes (not nations) symbolising global unity should close the Olympics; the practice has continued. We can always learn more. We are sponges for knowledge and engagement. **But do we limit the sources of insight and personal growth? A practice common to most religions and one that has taken off anew in our so-called secular age is meditation. "Pause a while and know that I am God" (Ps 46:10).** This deeply personal and revealing experience requires one to be attentive in silence. It requires a certain discipline, especially when starting out. In the Catholic tradition one is seeking to be sensitive to the movement of God's Spirit. Meditation is part of the process of discernment which draws on much else besides, for example, 'the signs of the times' (Vatican II). In October Pope Francis will gather with folk from around the world for the Synod on 'Synodality'. They will seek to discern where

the Spirit is calling the Church today. They will draw on the Church's teaching and practice with an openness to new possibilities. This will be an exercise of communal as distinct from personal discernment. **In our First Reading, the prophet Elijah experiences God in the gentle breeze.** Contrast this with the earlier experience of Moses on Mt Sinai where he encounters God in thunder and lightning (Ex. 19:16-20). A new, more gentle awareness of God's presence is emerging. **In the Gospel, Peter had initial trust in Jesus but then loses focus and flounders.** His circumstance was reflective of the flagging faith of the early Church. So too, we, in different personal and communal circumstances, can have cause to cry: "Lord save me" (14:30). **As in sport, so too in our spirituality: stay focused and good things happen.**

Fr John

THANKS TO THE MANY PARISHIONERS who gathered in the Parish Centre last Sunday morning to celebrate our Parish Feast Day. **SPECIAL THANKS TO THE SOCIAL COMMITTEE** who prepared the delicious home-made soups.

PARISH DEFIBRILLATOR: Prior to having this life-saving device available at Masses and other parish events, we need volunteers to undertake training with St John Ambulance. Register your interest on the foyer clipboard.

FREE TICKETS TO RAIDERS V BULLDOGS, next Sunday, 20 August by assisting with sale of raffle tickets in support of Ronald McDonald House. Turn up from 12.30pm or a little later and assist with sales up to 4pm. A great cause and a great day out. **If interested, add your details to the foyer list.**

CLEAN OUT OF FLOWER ROOM EXCESS VASES ETC AND CHURCH MEETING ROOM CHAIRS, Sat-Sun, 2-3 September in the church foyer. Donation sought for goods taken. An initiative of the Parish Liturgy Committee.

AN INVITATION TO VISIT THE REFURBISHED FORMER SS PETER AND PAUL CATHEDRAL, GOULBURN, Monday, 11 September, departing 10:15am from Holy Trinity church, guided tour on arrival and then lunch at adjacent 'Roses' café before return by 3.30pm. An initiative of our PPC. If interested, contact the Parish Office or Fr John.

PARISH DINNER: The PPC is finalising arrangements for this year's parish dinner which will support the work of St Vincent de Paul. Looking to a Saturday in November. Details to follow.

'INTEGRAL ECOLOGY' ONLINE PILGRIMAGE: In conjunction with ACU, the Archdiocese is conducting six online dialogues on Pope Francis's 'Care for our Common Home', commencing 6.30-8.30pm, Thurs., 31 Aug., and concluding 5 Oct. Info: <https://cgcatholic.org.au/services-directory/caring-for-creation/> Register at <http://bit.ly/3rTieKp>.

CANBERRA BACH ENSEMBLE, 2 and 3 September, St Christopher's Cathedral, playing Bach's 'Shepherd' Cantatas (based on Psalm 23) and Mass in F. Book at <https://www.try.booking.com>

HIGH TEA FOR THE FARM, 11.30am-2.00pm, St Thomas More School Hall, White Cres., Campbell. RSVP by 1 Sept via <https://www.try.booking.com>.

FEAST OF THE ASSUMPTION, 15 AUG MASS TIMES: 9.30am Holy Trinity, 12 noon Ss Peter and Paul's School Hall and 5.30pm Holy Trinity.

RCIA COMMENCES MON 1 SEPT. If interested as candidate or team member, contact the Parish Office or Fr John.

'LINKED HANDS' FOR YES: An invitation is extended to parishioners voting 'Yes' in the Voice Referendum to gather with like-minded members of other local churches, groups and individuals on Sat., 26 August, 11.55am-2:00pm. The aim is for 27 groups of 50 people in each; the hope is that one of the groups will be of parishioners. Contact Susan and Francis soosully@icloud.com or Vikki and Michael 6282 4778.

MEDITATION GROUP: 6pm, Wednesdays. All welcome. Contact Vikki, 0437 876 487, mulvaney@netspeed.com.au.

PRAYER CIRCLE SUPPORT: Cathy Harris, 6281 2574.

Readings for next Sunday: Twentieth Sunday in Ordinary Time, Year A: Is 56:1, 6-7; Rom 11:13-15, 29-32; Mt 15:21-28.

LITURGICAL ROSTERS NEXT WEEK: 19-20 August			
<i>3rd Sunday of the month</i>	Curtin Sat. 6 pm	Curtin Sun. 9.30 am	Curtin Sun. 5.30 pm
Acolyte	Dan McKay	Long Nguyen	Mark Murphy
Reader	Margaret Ryan	Bob Perkins	Tony Butler
Commentator	Emma Fairfax	Dennis Granlund	
Welcomer	Sr Angela & Sr Frances	Max Grinsell-Jones	
Ministers of Comm.	Christine McLaughlin	Lyn Granlund	Alex Evers
Communion to Sick	St A's: Morna Falkland	FWG: Emma Fairfax	Homes: Lyn Granlund
Counters	21 Aug. Michael Higgins		
Wednesday Liturgy	16 Aug. Prayer Leader: Lijoy Lukose	Eucharistic Minister: Deepthi Mathew	