

ST CHRISTOPHER'S PARISH

PRIMARY SCHOOL YOUTH MINISTRY

My Mass Reflection

MY INTENTIONS

lets prepare for the Mass. Jesus loves to be close to us and listen to our prayers. What would you like to pray for during this Mass? Write or draw in the space some of the people or things that you want to hold close to your heart this week.

THE GOSPEL - JOHN 6

What are some things you do every day?

Jesus tells us He is really present in the bread and wine we receive at Mass. This makes us strong. Jesus wants to be with us always.

Draw a picture of you and Jesus

Whoever eats this bread will live forever

During Mass we share in a sacred meal called the Eucharist, which means 'to give thanks'. Draw yourself receiving bread from Jesus.

I am the living bread that came down from heaven. Whoever eats of this bread will live forever.



Can you make your way through the maze?

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SPIRITUAL COMMUNION

Jesus, I believe that you are truly present in the Blessed Sacrament.

I love you so much and I want to receive you through communion.

Since I cannot receive you through the sacrament at Mass at this time, I ask that you come spiritually into my heart.

Never let me be separated from you.

Amen



WEEKLY CHALLENGE

PICK A TIME AND PLACE YOU WOULD LIKE TO SPEND TIME WITH JESUS DURING YOUR WEEK