

**Entrance Antiphon** Give me justice, O God, and plead my cause against a nation that is faithless. From the deceitful and cunning rescue me, For you, O God, are my strength.

**Responsorial Psalm** With the Lord there is mercy and fullness of redemption.

**Gospel Acclamation** Glory and praise to you, Lord Jesus Christ!  
I am the resurrection and the life, says the Lord;  
Whoever believes in me will not die for ever.  
Glory and praise to you, Lord Jesus Christ!

**Communion Antiphon** Everyone who lives and believes in me will not die for ever, says the Lord.

**ROSTERS - 28th/29th March 2026**  
Please arrange a swap if you are not available

**Bemboka Sat 6pm**  
Commentator J Macinante  
Readers S Berman  
Cleaners

**Candelo Sat 6pm**  
Commentator John Coman  
Readers Ann Hahesy  
Cleaners - March Nalda & Roger Heffernan

**Tathra Sun 7:45am**  
Commentator Trish Sly  
Readers Gerard Hergenhan  
Cleaners Trish Sly, Marg Roberts  
Audio-Visual Paul Gardiner  
Eucharistic Ministers Carleen Maley, Densie Miller

**Bega Sun 9:30am**  
Commentator Ayar Frantz  
Readers M Dessmann  
Gifts Volunteer  
Music David Grainger  
Acolyte B Larkin  
Eucharistic Ministers



**For Sale:** Sunday Missal - \$32; Children's Mass Book - \$10. Contact the office or place your order in a marked envelope in the 2nd collection.

St Patrick's Parish is committed to safeguarding and upholding the rights and dignity of all our children and vulnerable people. We seek to empower children, their families & carers, and vulnerable people, to have a say, to be listened to and to be protected. This approach is at the centre of all our thinking and actions. Parishioners are encouraged to communicate concerns by emailing Fr Adrian, the Parish Office, the Parish Safeguarding Officer or directly to IPSS (ipss@cg.org.au)

**St. Pat's Choir** practices Thurs 5.15—6pm Contacts Mary 0428 471 012 or Matt 0429 338 348.

**Meditation & Contemplative Prayer**  
Meeting is held on Monday at 7.30pm in the annex of Star of the Sea Church at Tathra.

**Sunday Readings Reflection Group**  
Tuesday at 7pm Star of the Sea Tathra. All Welcome.


**ROSARY - all are welcome.**  
**Tathra** - 7:15am before Sunday Mass  
**Bega** - 9am before Sunday Mass

**MENS' GROUP:** 2nd & 4th Thursdays  
St Patrick's Church.  
Contact David Grainger: 0409 430 997

**St Patrick's Sacramental Programme**  
*Baptisms*—During Mass, 1 month notice  
*Confirmation 2025*—8th June 2025  
*Weddings*—by appoint, 6 months notice req. Please contact the Parish Office.

**Syro-Malabar Mass** 4th Wed of the Month 5pm Bega. Contact Lijoy 0469 341 965  
**സീറോ-മലബാർ കുർബാന**  
മാസത്തിലെ 4 ബുധനാഴ്ച  
വൈകുന്നേരം 5 മണിക്ക് ബേഗ.  
ബന്ധപ്പെടുക: ലിജോയ് 0469 341 965

5th Lent - Year A
22nd March 2026



# St. Patrick's Parish

*St. Patrick's, Bega - St. Columba's, Bemboka - St. Joseph's Candelo Star of the Sea, Tathra.*

Fr. Adrian Chan. Parish Priest.  
Mrs. Tanya Tomlinson, Parish Secretary.  
Hrs 9-2 Tuesday & Thursday  
Safeguarding, Mrs. Emma Grant, [Bega.Safeguarding@cg.org.au](mailto:Bega.Safeguarding@cg.org.au)  
St. Patrick's School, Bega. Mrs. Jo Scott-Pegum (Principal) 6492 5500  
Lumen Christi Catholic College, Pambula. Mr. Shane Giles 6495 8888

Ph. 64921058  
PO. Box 6. Bega. NSW 2550.  
Email: [Bega@cg.org.au](mailto:Bega@cg.org.au)  
Website: <http://cg.org.au/bega/>  
Facebook: St Patricks Bega

*We acknowledge the Djirringanj People, the Traditional Custodians who have walked upon & cared for this land for thousands of years. We pay our respect to Elders past, present & emerging. We acknowledge & respect their continuing culture & the contribution they make to the life of the Bega Valley.*

**A Human Heart**

When people read this they say they see that Jesus is a real human being, son of God and man of the earth, weeping over a friend.

*The Fifth Sunday of Lent*





His was a human heart. He liked friends and he found a home and a safe place with them, over the hill and away from the mob. We might picture him there - the talk, the chat, the prayers, the love; meals with other friends who dropped in, times of prayer and silence.

The one who can share a laugh, eat a scone, have a drink or a cuppa. The one who'd give a wink at the sign of peace! Not always so serious, even about religion. There's no such thing as a sad saint!

He is a good friend.

When life is ending we will give thanks for friends, and regret the way we have drifted or hurt each other. Real friendship is when another's thoughts and life become at least as or more important than our own.

So the resurrection and the life is not just for after death. It is for now. We raise each other up in friendship and in love. In that is the grace of the Lord, himself a friend, for when we love, God lives in us.

Picture your friends and those you love and give thanks to God for each of them.  
Lord, help me to keep love and friendship alive in my life.

*Donal Neary SJ*

**Sacramental Programme 2026** - this year we are offering First Reconciliation and First Communion to students in year 3 and above. Parents information night 13th May. Enrolments now open: <https://forms.gle/JKvq2eUNgHZMjYYP7>

**Catholic Voice.** The print edition of the Catholic Voice is now available.

**Good Friday Collection for the Holy Land.** Traditionally in Australia, a special Collection has been taken up on Good Friday to support the Franciscans who administer and maintain the Holy Land pilgrimage sites. The Franciscans also support medical centres, schools and suffering communities. With the horrific hostilities presently smothering the Holy Land and the Middle East, the need for support has never been greater. Please consider giving generously this Good Friday. Envelopes are available at the entrance. *"The Collection for the Holy Land, sustained daily by the invaluable work of the Franciscans and those who serve local communities, may seem like a drop in the ocean. Yet the ocean, deprived of its drops, becomes a desert."* Cardinal Gugerotti, Prefect.

**RCIA:** if you are interested in becoming a Catholic please contact Father Adrian.

**Positions Vacant:** Parish officers for Narooma-Cobargo (10hrs/week), Gunning (4hrs/week) and West Wyalong Mission (8hrs/week). Employment conditions are subject to Clerks Award. For a copy of the Duty Statement please email Leanne Boyd, Parish Support Manager [leanne.boyd@cg.org.au](mailto:leanne.boyd@cg.org.au) Applications close 27th March.

**Magi Holiday Pilgrimages:**

*Footsteps of St Paul (5-20 May 2026)* Re-live the Acts of the Apostles. All-inclusive price: \$9,790 + tips. *Saints of Italy (8-21 June 2026)* 14-days walking in the footsteps of the saints. All-inclusive price: \$9,290. The tour cost include airfares, accommodation, transfers, meals, guides, and entrance fees.

**Enquiries:** 03 8839 6615

| [pilgrimage@magiholidays.com.au](mailto:pilgrimage@magiholidays.com.au)

<b>Easter 2nd-5th April</b>			
Thur	2nd	Mass of the Lords Supper adoration until 10pm	6pm Bega,
Fri	3rd	Stations of the Cross	10am Tathra 10am Candelo 10am Bemboka
		Passion of the Lord & Veneration	3pm Bega
Sat	4th	Easter Vigil	6pm Bega
Sun	5th	Easter Sunday:	7:45am Tathra 10am - Candelo 12noon Bega
		Syro Malabar Rite	

**You're Invited - after mass**

- ✦ Tathra - Breakfast 2nd Sunday of the Month
  - ✦ Bega - Morning Tea last Sunday of the Month
- All Welcome. Please bring a friend.**

**Sacrament of Penance/Reconciliation**

*Bega* Saturday, 9.40 - 10am  
*Bemboka* before vigil Mass  
*Candelo* before vigil Mass  
*Tathra* before Sunday Mass

**Fr Adrian Contact:** Mobile: 0411 676 064  
Email: [Adrian.Chan@cg.org.au](mailto:Adrian.Chan@cg.org.au)

**Weekdays**

- Tuesday 5.00pm Bega Chapel
- Wednesday 9.00am Tathra.
- 8-9am Tathra 'Holy Hour'
- Thursday 9.15am Bega Chapel
- Hillgrove House 3rd Thursday 3pm
- Friday 9.15am Bega Chapel
- 4:30-5:30pm Bega 'Holy Hour of Mercy'
- Saturday 9.15am Bega Church

**Sunday Mass Times**

- *Bemboka* - Saturdays - 6pm Vigil
- *Candelo* - Saturdays - 6pm Vigil 1st, 3rd, 5th
- Sundays - 9:30am liturgy 2nd, 4th
- *Tathra* - Sundays - 7.45am Mass
- *Bega* - Sundays - 9.30am Mass

**RECENTLY DECEASED:** Barry Cooper

**ANNIVERSARIES** Una Lehman, Denise Mulligan, Eva Richards

**Feasts**

**23<sup>rd</sup> - St Turibius de Mogrovejo**, Bishop 1538-1606. He was still a layman when appointed archbishop of Lima, Peru. There he became an outstanding missionary reformer, built churches, hospitals, and the first seminary in the Americas.  
**25<sup>th</sup> - The Annunciation of the Lord** Its occurrence close to Easter links the incarnation with the whole mystery of human redemption in Christ

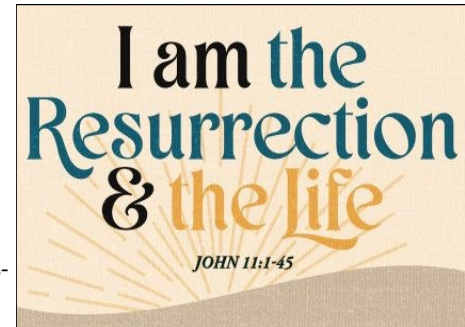


**Minute Meditations - Care for Self, Care for Others**

When we are at our best, we are most able to carry out the work God has given us with energy and joy. Remember the air flight instructions? In an emergency, put on your own oxygen mask before helping anyone else. We can't take good care of others if we don't take good care of ourselves first. In Matthew 22:39, we are told to love others as we love ourselves, but how can we do that if we don't treat ourselves with love?

However, we shouldn't make healthy choices just so we can take care of other people. God created us in his image, and that gift deserves to be cared for and respected. St. Paul reminds us that our bodies are not our own. Jesus paid for them with his life so that at the end of the world, those bodies will resurrect and join him in heaven.

- from St. Anthony Messenger's "Faith and Family: Feeding Your Body, Mind, and Spirit" by Susan Hines-Brigger .



**STATIONS OF THE CROSS**

Candelo - Tues 7pm



**Wise Words:**

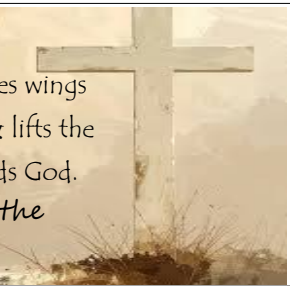
Dear God .. I tried my best, but if today I lose my hope please tell me that your plans are better than my dreams. Amen

**LENT**



FAST

Fasting gives wings to prayer & lifts the soul towards God.  
*St Basil the Great*



**UNITE AGAINST POVERTY**

**Fifth Sunday in Lent**

Since October 2023, Caritas Jerusalem staff in Gaza have endured displacement, personal loss, and danger alongside the communities they serve. Despite unimaginable challenges, they remain committed to providing lifesaving support, standing in solidarity with families enduring this conflict.



You can support Project Compassion 2026 through the donation boxes, envelopes, online at: [www.projectcompassion.org.au/donate](http://www.projectcompassion.org.au/donate) Or by calling: 1800 024 413

*Thank you for standing with us, as we Unite Against Poverty this Lent.*