

**Entrance Antiphon** Blest be God the Father, and the Only Begotten Son of God. and also the Holy Spirit, for he has shown merciful love.

**Responsorial Psalm** Glory and Praise for ever!

**Gospel Acclamation** Alleluia, alleluia!  
Glory to the Father, the Son, and the Holy Spirit:  
To God who is, who was, and who is to come.  
Alleluia!

**Communion Antiphon** Since you are children of God, God has sent into your hearts the Spirit of his Son, the Spirit who cries out: Abba, Father.

**ROSTERS - 6th/7th June 2026**  
Please arrange a swap if you are not available

**Bemboka Sat 5pm**  
Commentator  
Readers  
Cleaners

**Candelo Sat 5pm**  
Commentator Lorraine Thompson  
Readers Roger Heffernan  
Cleaners - June Paul & Ann Kelly

**Tathra Sun 7:45am**  
Commentator Gerry Collins  
Readers Paul Gardiner  
Cleaners Marj Bower  
Audio-Visual Carleen Maley  
Eucharistic Ministers Trish Sly, Carleen Maley

**Bega Sun 9:30am**  
Commentator Maria Dessmann  
Readers Ayesha Twyford  
Gifts Volunteer  
Music Matt Heffernan  
Acolyte M Kakkummy, N Abraham  
Eucharistic Ministers C Tarlinton, B Burton  
Nursing Home P Gardiner, D Koenigkamp

**For Sale:** Sunday Missal - \$32; Children's Mass Book - \$10. Contact the office or place your order in a marked envelope in the 2nd collection.

St Patrick's Parish is committed to safeguarding and upholding the rights and dignity of all our children and vulnerable people. We seek to empower children, their families & carers, and vulnerable people, to have a say, to be listened to and to be protected. This approach is at the centre of all our thinking and actions. Parishioners are encouraged to communicate concerns by emailing Fr Adrian, the Parish Office, the Parish Safeguarding Officer or directly to IPSS (ipss@cg.org.au)

**St. Pat's Choir** practices Thurs 5.15—6pm Contacts Mary 0428 471 012 or Matt 0429 338 348.

**Meditation & Contemplative Prayer** Meeting is held on Monday at 7.30pm in the annex of Star of the Sea Church at Tathra.

**Sunday Readings Reflection Group** Tuesday at 7pm Star of the Sea Tathra. All Welcome.

**ROSARY - all are welcome.**  
**Tathra** - 7:15am before Sunday Mass  
**Bega** - 9am before Sunday Mass

**MENS' GROUP:** 2nd & 4th Thursdays St Patrick's Church. Contact David Grainger: 0409 430 997

**St Patrick's Sacramental Programme**  
*Baptisms*—During Mass, 1 month notice  
*Confirmation 2025*—8th June 2025  
*Weddings*—by appoint, 6 months notice req. Please contact the Parish Office.

**Syro-Malabar Mass** 4th Wed of the Month 5pm Bega. Contact Lijoy 0469 341 965  
**സീറോ-മലബാർ കുർബാന**  
മാസത്തിലെ 4 ബുധനാഴ്ച  
വൈകുന്നേരം 5 മണിക്ക് ബേഗ.  
ബന്ധപ്പെടുക: ലിജോയ് 0469 341 965



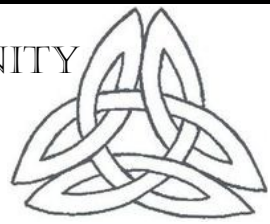
**Trinity Sunday - Year A** **31st May 2026**  
**St. Patrick's Parish**  
*St. Patrick's, Bega - St. Columba's, Bemboka - St. Joseph's Candelo Star of the Sea, Tathra.*

Fr. Adrian Chan. Parish Priest.  
Mrs. Tanya Tomlinson, Parish Secretary.  
Hrs 9-2 Tuesday & Thursday *Bulletin Deadline: Thurs 10:30am*  
Safeguarding, Mrs. Emma Grant, [Bega.Safeguarding@cg.org.au](mailto:Bega.Safeguarding@cg.org.au)  
St. Patrick's School, Bega. Mrs. Jo Scott-Pegum (Principal) 6492 5500  
Lumen Christi Catholic College, Pambula. Mr. Shane Giles 6495 8888

Ph. 64921058  
PO. Box 6. Bega. NSW 2550.  
Email: [Bega@cg.org.au](mailto:Bega@cg.org.au)  
Website: <http://cg.org.au/bega/>  
Facebook: St Patricks Bega

*We acknowledge the Djirringanj People, the Traditional Custodians who have walked upon & cared for this land for thousands of years. We pay our respect to Elders past, present & emerging. We acknowledge & respect their continuing culture & the contribution they make to the life of the Bega Valley.*

**In the Name** THE MOST HOLY TRINITY  
They looked down from heaven - the Father, Son and Holy Spirit - with love for their people. They could see men and women of all races, colours, ages, faiths, holiness and sin. They knew help was needed for the human race and waited a long time before the time was right.



The word of God, son of God, born before all ages, became one of us. We know the rest of the story. One of the persons of the Trinity became one of us, so that we could become like them. Jesus, Son of the eternal Father, was born, lived and died like us. In death, cruelly murdered and then laid in the tomb, the Spirit became alive in him, and now the Spirit of Jesus and the Father is alive in each of us since baptism.

The life of the Trinity becomes very ordinary in the love, care and forgiveness we offer to each other. It is also there in the ways in which we try to better the lives of the poor, the depressed and the anxious. It's in how we try to teach a younger generation the best lessons of humanity and faith, and introduce them to this mystery of God. We are active partners in the work of God, Father, Son and Holy Spirit in the world today.

Slowly make the sign of the cross a few times today, asking to believe in the mystery of God's love within God and for us. By the mystery of water and wine in the Mass, help us, Lord, to share in the divinity of Christ, who humbled himself to share in our humanity.

*Fr Donal Neary, S.J.*



*Welcome Sacramental Candidates & Families*  
*Family mass Bega 9:30am*



**Bulletin emails** have been restored! If you used to receive the weekly bulletin email and didn't get the email on Thursday please check your spam & junk folders. If you still didn't receive or would like to be added to the list, please email the office: [Bega@cg.org.au](mailto:Bega@cg.org.au) Thank you.

**Parish Maintenance Program Update.** The work to replace the roof on St Joseph's Candelo has been completed.

**RCIA:** if you are interested in becoming a Catholic please contact Father Adrian.

**Instagrace.** 17-19 July. INSTAGRACE is a three-day Catholic residential program organised by Jesus Youth Canberra for teenagers aged 13 to 17. Running successfully for nearly a decade, it helps young people grow in self-understanding and develop a personal relationship with Jesus through talks, music, and life testimonies. Venue: Outward Bound Tharwa ACT, cost \$290. More info: Jerin 0469 738 258. Register via QR code.



**Pope Leo XIV & Just War Theory in the Catholic Tradition Webinar.** Thurs 11th June 7pm-8:30pm. Hosted by Council of Australasian Catholics. How should Catholics think about war, peace, and moral responsibility in an age of global conflict and human suffering? Explore Pope Leo's contribution to Catholic social thought & the development of Just War theory within the Catholic tradition. Register: [ctc.edu.au/information-session](http://ctc.edu.au/information-session)

**Internation Appeals.** Internationally millions are facing conflict, hunger and displacement. Caritas Australia are running a series of emergency appeals to assist as many as they can. Visit: <https://www.caritas.org.au/donate/emergency-appeals/> to donate to appeals that support Ukraine, Gaze, Sudan, Lebanon, Democratic Republic of the Congo, Philippines and Vietnam.

**Planning to Marry in the Catholic Church?** Go to the Archdiocesan marriage and family webpage (without delay) for information and to choose a marriage preparation program that suits at [www.marriagefamily.org.au](http://www.marriagefamily.org.au). For enquiries email [marriage.preparation@cg.org.au](mailto:marriage.preparation@cg.org.au) or text Helena on 0405 440 463.

**You're Invited - after mass**  
 ✦ *Tathra* - Breakfast 2nd Sunday of the Month  
 ✦ *Bega* - Morning Tea last Sunday of the Month  
**All Welcome. Please bring a friend.**

**Sacrament of Penance/Reconciliation**  
*Bega* Saturday, 9.40 - 10am  
*Bemboka* before vigil Mass  
*Candelo* before vigil Mass  
*Tathra* before Sunday Mass

**Fr Adrian Contact:** Mobile: 0411 676 064  
 Email: [Adrian.Chan@cg.org.au](mailto:Adrian.Chan@cg.org.au)

**Sunday Mass Times**  
 ➤ *Bemboka* - Saturdays - 5pm Vigil  
 ➤ *Candelo* - Saturdays - 5pm Vigil 1st, 3rd, 5th  
 - Sundays - 9:30am liturgy 2nd, 4th  
 ➤ *Tathra* - Sundays - 7.45am Mass  
 ➤ *Bega* - Sundays - 9.30am Mass

**Weekdays**  
 ➤ Tuesday 4.00pm Bega Chapel  
 ➤ Wednesday 9.00am Tathra.  
 ➤ 8-9am Tathra 'Holy Hour'  
 ➤ Thursday 9.15am Bega Chapel  
 ➤ *Hillgrove House 3rd Thursday 3pm*  
 ➤ Friday 9.15am Bega Chapel  
 4:30-5:30pm Bega 'Holy Hour of Mercy'  
 ➤ Saturday 9.15am Bega Church

**RECENTLY DECEASED:** Eunice Bradford, Beth Bateman, Raymond Charles Gray  
**ANNIVERSARIES** Cynthia & Martin Walker, John Finucane, Ron Russell, Micheal Guthrie, Paul Coman

**Feasts Days**  
**31<sup>st</sup> May - The Visitation of the Blessed Virgin Mary**  
**1<sup>st</sup> June - St Justin**, Martyr 100-165. After lengthy study of Greek philosophies, he acknowledged Christ as the source of all truth.  
**2<sup>nd</sup> - St Marcellinus & St Peter**, Martyrs Died in 304, beheaded at Rome under the emperor Diocletian.  
**3<sup>rd</sup> - St Charles Lwanga & companions**, Martyrs. These 22 martyrs were killed for their faith between 1885 and 1887 in Uganda.  
**5<sup>th</sup> - St Boniface**, Bishop & Martyr 675-754. An English monk and teacher who went to evangelise the Germanic peoples.  
**6<sup>th</sup> - St Norbert**, Bishop 1080-1134. A cleric in minor orders, he converted from a comfortable life in 1115, was ordained to the presbyterate, and took up a life of poverty.



**Minute Meditations - 'Blessed Are the Peacemakers'**

**Blessed are the peacemakers, for they will be called children of God.** Time and again, Jesus challenged the use of violence to resolve issues. The call to be a peacemaker clearly involves embracing nonviolence but goes beyond that. To be a peacemaker does not mean to be passive. It does mean seeking solutions, finding a path that all can agree on. A peacemaker objects to any war as a solution and the use of violence to advance a political agenda .

This beatitude also calls us to foster inner peace. If I aspire to inner peace, I address resentments. I strive not to judge. I strive to quiet that inner chatter that can often be either fearful or aggressive. As a peacemaker, I embrace as my daily guide the psalm that states: "Be still and know that I am God."

- from St Anthony Messenger's "Turn to the Beatitudes" by Richard Patterson, Phd.

I BELIEVE  
 IN GOD the father +  
 I believe in CHRIST  
 the SON  
 I believe in the HOLY SPIRIT  
 our GOD  
 IS THREE  
 IN ONE  
 141  
 2008

**Wise Words:**  
 A Christian brings peace to others. Not only peace, but also love, kindness, faithfulness and joy.  
 - Pope Francis.

