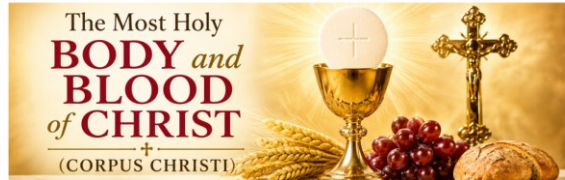




# Bombala-Delegate Catholic Parish



## PARISH BULLETIN: The Most Holy Body and Blood of Christ, Year A, 7 June 2026

### PRAYER OF THE FAITHFUL

**Response:(R) Lord, hear our prayer**  
**LEADER:** Dear friends, wonderfully blest with the bread and cup of life, we pray for all who hunger and thirst for a new world.

**READER: For** Pope Leo, that his pastoral visit to Spain this week will call forth the gifts of the Spirit in a new generation of believers. We pray to the Lord. **(R)**

**For** the human family, that everyone on earth will receive their daily bread and share it together in peace. We pray to the Lord. **(R)**

**For** volunteers in community food banks, that their willing service will give heart to the hungry who seek their help. We pray to the Lord. **(R)**

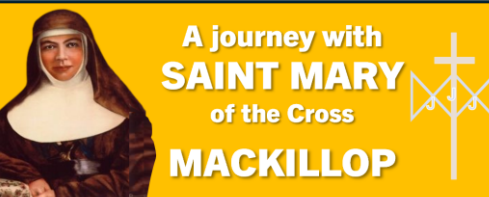
**For** all who suffer from despair and consider taking their own lives, that they will seek timely help and find fresh hope in life. We pray to the Lord. **(R)**

**For** our parish community, that we will honour the Sacred Heart of Jesus this week by our generous care for the poor. We pray to the Lord. **(R)**

**For** the sick among our families, friends and parish community, and all who seek our prayers, may they know strength, comfort and healing. For those who have died recently, and those whose anniversaries we remember at this time, may they rest in the peace of the Risen Lord. We pray to the Lord. **(R)**

**For** Our Lady's intercession for all our needs and especially for the people in war torn places. We pray **Hail Mary...**

**LEADER:** Faithful God, as you fed your people with manna in the desert, so your Son feeds us with his Body and Blood. Help us bring all people to the table of life. We ask this through Christ our Lord. **AMEN.**



Charity in all its acts, in its thoughts and expressions, only thinks of what is strictly pleasing to God and silently goes on breathing peace and sweetness on all sides. (In Meditation on Charity June 1870)


### POPES INTENTION JUNE

**FOR THE VALUES OF SPORTS**  
Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth.

### PRAYER INTENTIONS

**We pray** the members of all Christian churches, that their deep desire for eucharistic communion will hasten the day when all share at the one table of the Lord.

**We pray** for rural towns facing closures and an uncertain future, that local communities will come together to meet the challenge of change.

 **We pray** for those who are sick in our family and community, may they be able to see Christ's presence in their most difficult moments.

- Aiden Camm, Adam Crotty
- John Elliott, Christine Cowell
- Lorna Thornton, Clive Cottrell
- Joyce Crotty, John Liston
- Roma Brownlie, Jenny Chaplin
- Peter & Joyce Reed, Glad Hurley
- Jim Parkes, Marilyn Holdsworth
- Jen Farrell, Patricia Guthrie
- Mary Anne Dillon
- Terry Perkins, Kath Farrell
- Val Perkins, Kim Peisley
- Heather Whitby

### REMEMBERING THEIR FAITH AND LOVE

**Recently Deceased**  
Phillip Cotterill, Denise Nichol  
Travis Ingram, Pat Walker  
Barry McAlister, Jenny Wright

**June Anniversaries**  
Sr Mary Agnes, Shirley Baker  
Jessie Bedingfield, Bernie Crotty  
Eric Cuthel, Mark Ingram  
Wilga Ingram, Peter Kimber  
Terry Mulligan, Sr Christina O'Connor  
Moira Tindale, Norma Toms  
Gordon Walker, Madge Walker

### PARISH CALENDAR

**TUE** *Saint Ephrem*  
**WED** **Mass Bombala 9.30am**  
**THU** *St Barnabas*  
**FRI** *Sacred Heart of Jesus*  
**SAT** **ARCHBISHOP CHRISTOPHER Mass Delegate 2.30pm**  
Afternoon Tea to follow  
**Confirmation Bombala 5pm**  
*Immaculate Heart of Mary*  
*Saint Anthony of Padua*

### HYMNS - ONE LICENSE 3642645A

**1. Our Supper Invitation** *Fr Kevin Bates*  
1. Take of my bread and eat, drink my new wine. Take of my life and live, branch of my vine. Let me befriend you now; eat take your fill. Don't be afraid to dream; love has its will.  
2. Take up your burden now, walk 'til you find Just what the journey means; walk while there's time. Food for the journey will answer your need. Don't be afraid to walk; love, my love will lead.

**2. Come to the Water** *Fr Frank Andersen*  
Refrain: Come to the water! You who are thirsty! Though you have nothing, I bid you come! And be filled with the goodness I have to offer! Come! Listen! Live.  
1. Why spend your money on what cannot fill, The emptiness deep in your heart? Listen to My word and you will enjoy, Goodness and peace in your heart! **R**  
2. Just as the heavens are high above earth; My ways and thoughts beyond you! Call me your Father and know I am near! I will be Father to you! **R**

**3. One Bread One Body** *John Michael Talbot*  
Refrain: One bread, one body, one Lord of all, One cup of blessing which we bless, And we, though many, throughout the Earth, We are one body in this one Lord  
1. Gentile or Jew, Servant or free Woman or man, No more **R**  
2. Many the gifts, many the works One in the Lord, Of all. **R**

**4. I am the Bread of Life** *Suzanne Toolan*  
1. I am the Bread of Life  
He who comes to me shall not hunger; he who believes in me shall not thirst. No one can come to me unless the Father draw him. **R**

**Refrain: And I will raise him up, and I will raise him up, and I will raise him up on the last day.**  
2. The bread that I will give is my flesh for the life of the world, and he who eats of this bread, he shall live for ever, he shall live for ever. **R**



# Bombala-Delegate Catholic Parish

The Most Holy  
**BODY and  
BLOOD**  
of **CHRIST**  
(CORPUS CHRISTI)



**The Most Holy Body and Blood of Christ, Year A**

**7 June 2026**

## First Reading Dt 8:2-3, 14-16

*He gave you food which you and your ancestors did not know.*

Moses said to the people: 'Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.

'Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.'

## Responsorial Psalm

**Ps 147:12-15. 19-20. R. v.12**

**(R.) Praise the Lord, Jerusalem.**

*or*

**(R.) Alleluia!**

- O praise the Lord, Jerusalem!  
Zion, praise your God!  
He has strengthened the bars of your gates,  
he has blessed the children within you. (R.)
- He has established peace on your borders,  
he feeds you with finest wheat.  
He sends out his word to the earth  
and swiftly runs his command. (R.)
- He makes his word known to Jacob,  
to Israel his laws and decrees.  
He has not dealt thus with other nations;  
he has not taught them his decrees. (R.)

## Second Reading 1 Cor 10:16-17

*Though we are many, we form a single body because we share this one loaf.*

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

## Gospel Acclamation Jn 6:51-52

**Alleluia, alleluia!**

***I am the living bread from heaven,  
says the Lord;  
whoever eats this bread will live for ever.  
Alleluia!***

## Gospel Jn 6:51-58

*My flesh is real food and my blood is real drink.*

Jesus said to the Jews:

'I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever;  
and the bread that I shall give is my flesh, for the life of the world.'

Then the Jews started arguing with one another: 'How can this man give us his

flesh to eat?' they said. Jesus replied: 'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you. Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day. For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me and I live in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.'



## Reflection by Fr Michael Tate

I once saw a young mother discreetly breastfeeding her baby during Mass, and thought ... 'What a wonderful thing!' There could not be a better illustration, a better acting out of what Jesus says in today's Gospel: 'The one who eats me will live.'

Of course, even mothers who find they cannot breastfeed offer the same gift for nine months as the baby draws its life from the mother's body in the womb.

This is a good analogy for what Our Lord was teaching in today's Gospel.

'Those who eat my flesh and drink my blood abide in me and I in them.' Notice the very maternal language. The risen Lord truly abides in us, we truly abide in the risen Lord. This is as intimate as the baby dwelling in the womb of its mother.

Moreover, it is a Holy communion which is both a present reality and a foretaste and promise about our place in God's future: 'The one who eats this bread will live forever.'

We could pause for a moment to pray with St Thomas Aquinas: 'Oh Sacred Banquet in which Christ is received *and* a pledge of future glory is given to us.'

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