

Our Lady of Perpetual Help Parish (North Belconnen)



Delay not, O Blessed Lady, to help me whenever I call on Thee, for, in all my needs, in all my temptations I shall never cease to call on Thee, ever repeating Thy sacred name, Mary, Mary.

St Monica's Church: Deffell Street, Evatt
St Michael's Church: Tyrell Circuit, Kaleen
Parish Office: 2 Tyrell Circuit, Kaleen
Hours: Tuesday & Friday 8.30am to 1pm, Thursday 10am to 1pm
Phone: 6241 3364
Office Email: belconnennorth@cg.org.au
Website: www.cg.org.au/belconnennorth
Parish Youth Coordinators: Katie Brasnett & Rebecca Braddock

Parish Priest: Fr Mick Mac Andrew 0419 010 870
 mick.macandrew@cg.org.au
Pastoral Assistant: Sr Kate McMahon RSM 0421 943 867
 kate.mcmahon@mercy.org.au
Parish Staff: Miss Leanne Smith & Mr Ted Smith
Parish Safeguarding Volunteers: Mr Douglas Widdup & Mrs Anne Hodgkin
Parish Safeguarding Email: belconnennorth.safeguarding@cg.org.au
Parish Youth Coordinator Email: youth.northbelconnen@cg.org.au



Intercede for me, dear St. Monica, that God may favourably hear my plea and grant me the grace to accept His Will in all things.
St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the Devil.



Acknowledgement of Country: We acknowledge the Ngunnawal people, as Traditional Owners of the land where we gather today and pay our respects to Elders past and present.

THE MOST HOLY BODY AND BLOOD OF CHRIST (CORPUS CHRISTI), YEAR A 7th of June 2026

FOR THE LIFE OF THE WORLD
When we eat the flesh of Jesus and drink his blood in Eucharistic communion, we share in his very life, a life poured out for all on the cross. As we gratefully receive this food of eternal life, we are called in turn to pour out our lives in loving service to our brothers and sisters. '

Entrance Antiphon: (cg. Ps 80:17)
 He fed them with the finest wheat and satisfied them with honey from the rock.

Communion Antiphon: (Jn 6:57)
 Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

Next Week's Readings: 14th of June 2026
 Eleventh Sunday in Ordinary Time, Year A
 THE HARVEST IS RICH
 Ex 19:2-6; Rom 5:6-11; Mt 9:36-10:8

50th Wedding Anniversary

Blessings and congratulations to Gianni and Fane Siviero on your Golden Anniversary.

Exploring Prayer

If you would like to explore prayer after the examples of Saints Francis and Clare of Assisi, please see Fr Mick. There will be a book supplied and group meetings for six weeks, starting in July.

Our Principals are both participating in the Vinnies CEO Sleepout

Breen Fox, the Principal of St Michael's and Lisa Harris, the Principal of St Monica's are both participating in the Vinnies CEO Sleepout on the 18th of June. For one evening, they will get a glimpse of the reality that 122,000 people in Australia experience every day - a long, cold night without shelter. Sadly homelessness is on the rise in Australia. The cost of living crisis is putting pressure on people like never before. With our support, Breen and Lisa hope to raise as much as possible for Vinnies' support services. Your donation would help provide immediate relief, such as food and crisis accommodation, as well as long term solutions such as secure permanent housing.

To donate to Breen's fundraising use the QR code on the left or go to ceosleepout.org.au/fundraisers/breenfox.

To donate to Lisa's fundraising use the code on the right or go to ceosleepout.org.au/fundraisers/lisaharris.

St Monica's Vinnies Winter Appeal

The St Monica's St Vincent de Paul conference will be conducting our annual Winter Appeal at masses on the

weekend of the 13th and 14th of June. The increasing financial struggle is continuing for many vulnerable families. It is a relentless battle facing lots of families in our community as prices for groceries, fuel, electricity, gas and rent continue to rise. Winter is a particularly difficult time as families fight to heat their houses, and provide warm clothes for their children and put food on the table. We can help many of these families by providing emergency support, and reduce the risk of families or individuals becoming homeless. But, we need your assistance to continue this work. We ask you to again give generously to help those in need. Thank you, we appreciate your continued assistance.

Parish Pastoral Council Meeting

The Parish Pastoral Council met this week. The Parish Safeguarding Volunteers, Mr Doug Widdup and Mrs Anne Hodgkin, provided a timely reminder of our responsibilities in this area, ahead of an upcoming audit of the Archdiocese against the National Catholic Safeguarding Standards. Results of the National Count of Attendance are still being tallied. The Archdiocesan Assembly is to be held on the Saturday the 22nd of August.

St Michael's Vinnies is seeking new members

We are a small conference and need more members to provide assistance to those in need. If you're interested you will receive training, and as we work in pairs, you would work with an experienced member to gain an understanding of what we do. We respond to help centre calls on Mondays, Wednesdays and Fridays. But you would only be responsible for assisting people (our companions) on just one of these days. It is a small commitment involving taking to companions by phone and sometimes visiting them, always in pairs. Then dropping off assistance in the form of vouchers. We also have fortnightly meetings online. If you're interested in finding out more you can contact Tony McArthur by phone 0421647811 or by email at aamcarthur@gmail.com.

We all have a role in safeguarding each other

In a recent message to a gathering of Italian local representatives discussing the protection of minors and vulnerable adults, Pope Leo made the following points, which should lead us in our approach as a Parish seeking to ensure that all are welcomed, encouraged, nurtured and protected.

'Generating authentic relationships...is an essential task of Christian communities. Indeed, when every person is recognised in their dignity and their freedom is safeguarded, parishes, associations and movements become trustworthy, capable of accompanying, educating and protecting, where, on the other hand, respect is lacking, relationships become impoverished, distorted and can cause serious harm.

From the Christian perspective, respect is not merely a matter of propriety: it is a demanding form of charity, expressed in safeguarding the other without appropriating them, in accompanying them without dominating them, in serving them without humiliating them. From the root springs the possibility of clear, mature and secure relationships. For this reason, protection cannot be understood merely as a set of rules to be applied or procedures to be followed: it requires a wisdom that permeates the style of communities, the way authority is exercised, the formation of educators, vigilance over contexts, and transparency in behaviour.

The presence of the youngest and the most vulnerable appeals to the conscience of the Church and measures her ability to express authentic care, that is, to protect, to listen, to prevent, and to leave no-one alone. For this reason too, the work for those who promote formation, discernment, coordination and good practice represents a valuable contribution to the development of more welcoming and aware communities.

Special attention must be given to people who have suffered abuse: their wounds call for sincere closeness, humble listening, and perseverance in seeking what is right and possible in order to make amends. A Christian community lives out evangelical conversion when she does not defend herself against the pain of those who have suffered, but allows herself to be challenged by it; when she does not minimise evil, but acknowledges it; when she does not shut herself off in fear of scandal, but accepts to walk the demanding path of truth, justice and healing.'

You may have noticed the safeguarding posters in both our churches and the commitment statement and contacts that appear at the bottom of every Parish Bulletin. We call for more than noticing these things. We ask that each of you help us make our Parish a place, a community, where everyone is welcomed, protected, and loved. When you next see someone sitting alone, or looking lost, reach out to them and make a connection. It may only take a moment of your time, but for them be much more than even the highlight of their day or week. If you ever feel uncomfortable about a situation, or feel that anyone is at risk, speak up. Contact Fr Mick, one of our Safeguarding Volunteers, the Parish Office, or the Manager of the Archdiocesan Institute for Professional Standards and Safeguarding on 6239 9806 or at ipss@cg.org.au.

If you are interested in finding out more about safeguarding within the Archdiocese and nationally use the QR code or go to cgatholic.org.au/professional-standards.

PRAYER REQUESTS

In Thanksgiving and Special Intentions: Richu Rinu; Joseph Dao Tan Duc.

Recently Deceased: Harry Ukkola; Tarian Dixon; Lucette O'Dea.

Anniversaries and Remembrances: Mark Anthony Mc Innes; Amy Lobo; Joseph Barrett; Albert Kessler; Shirley Walker; Mark McInnes; Nguyen Thi Huong; Vo Phung Khai; Jose, Gertrudes & Divine Meriya Carmelle Gelaga; Members of the Zinkel Family; Koznjak & Zdravec Families; Elvira Pasquariello; Margherita Bianco; Blassios Ligeros; Italina Barro; Maria Condemi; Donald Aguilar; Aldrin Patajo; Zacarias Patajo; Avelino Patajo; Mathew Stark; Giacomo 'Jim' Raccosta; Marie Wickremeratne; Dario and Aldo Dessi; Brenden Mooney; Marcello Cocco; Paolo Lombardini; Stan and Mary Murugesan; Mirko Kokic; Anna Le Thi Bich Dung; Florentius Sunardi; Gisela Joris Yenny.

Sick: Mary Young; Nancy Librando; Jeff Jeremiah; Peter Hanlon; Samantha Thirkettle; John Kennedy; Anne Lewis; Sophy Jacob; Anna Blackwell; Sarah Morris; Heno Launa; Katia Banac; Pauline Vatavuk; Celine Matthews; Celine Fernandez; Jeanette Howlett; Bernard Star; Vivian Calma; Fr. Michael Mullen; Carol Batten; Baby Lucia Beecher; Kerry Raftery; Tony Bui; Russell Fitzgerald; Ivana Deleva; Steve Bilich; Effie de Lopez; Sophy Jacob; Maureen Donoghoe; Jan Gardner; Maisie; Louise Farrelly; Lucia Dessi; Carolyn Pritchard; Rithu Dany; Master Kaihran Taylor; Leena Culas; Carmel Ford; Joseph Cretni; Shelley Knoke; Colin Kish; Nina Wood; Steven Whiting; Rose Rajer; Tricia; Vimala Mahalingam; Bong; Mitchell; Tony Marker; Sarah Driscoll; Royce Miosge; Francis Politano; Tony Murdoch.

MASSES AND MORE

Tuesday: 9.30am St Michael's, Kaleen
Wednesday: 9.30am St Monica's, Evatt
Thursday: 9.30am, St Michael's, Kaleen
Friday: usually 7am St Monica's but during Eastertide (until Pentecost) we celebrate at 9.30am, St Michael's, Kaleen, and 6pm, St Monica's, Evatt
Saturday: 9.30am St Michael's, Kaleen
Saturday Vigil: 5pm St Monica's, Evatt (The Saturday Vigil is 6pm during Daylight Saving)
Sunday: 8am, St Michael's, Kaleen 10am, St Monica's, Evatt 5.30pm, St Michael's, Kaleen
Sacrament of Penance and Reconciliation
 4.00 - 4.45 pm Saturday, St Monica's (5pm to 5.45pm during Daylight Saving)
 4.30 - 5.15 pm Sunday, St Michael's
Adoration of the Blessed Sacrament
 8.45 - 9.30am Wednesday, St Monica's 6.30pm Thursday, St Monica's
Rosary
 4.30 pm Tuesday, St Monica's Chapel
 9.00 am Saturday, St Michael's
 5 pm Sunday, St Michael's (Zoom Rosary at 4 pm every Wednesday & Friday or nightly at 8:30pm. Meeting No: 697 896 1059, Password: 8Py80J)
Legion of Mary 6:15 pm Wednesday, St Monica's
Novena Devotion to O.L. of Perpetual Succour
 7.00pm Thursday, St Michael's
El Shaddai Prayer Group
 2nd & 4th Saturday of each month
 12.30pm to 5.00 pm, St Michael's
Men Alive 7.00pm Thursday, St Monica's
Baptisms, Marriages & Funerals
 Contact Fr. Mick Mac Andrew on 0419 010 870

ROSTERS 13th and 14th of June 2026

St Monica's	5.00pm	10.00am
Acolyte	Mark Gore	Katie Brasnett
Altar Servers	Celeste Devoy	Chelsea Todd
Readers	Franklin Soriano	Angela Cornell
	Kathy Compton	Neill Cox
Music	Anne	CFC
Warden	Mike Devoy	Neill Cox
Church Cleaning	Jo McMillan, John Clifford, David Whalan, Lilian Prdjan	Maree Mitchell, Maryanne Gore
Altar Society	Maree Mitchell, Maryanne Gore	Marian Irvine, Gary Compton
Counters		
St Michael's	8.00am	5.30pm
Mass Coordinator	Sue Collins	Ivan Cretni
Acolyte	Tony McArthur	Ted Smith
Readers	Anne Staines	Louise Amos
	Annett Jose	Rachel Blackwell
Church Cleaning	Canberra El Shaddai Prayer Group	
Sanctuary Linen	Arleen Stark	
Banking	Peter Corkran, Linda Townrow	

Parish Safeguarding Commitment: Our Lady of Perpetual Help Parish is committed to safeguarding and upholding the dignity and rights of all of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected. This approach is at the centre of all of our thinking. **Communicating Concerns:** Parishioners are encouraged to raise any concerns they may have regarding safeguarding by emailing Fr Mick, Safeguarding Volunteers or the Parish Office.