

St Matthew & St Vincent de Paul Parish

South Belconnen

Archdiocese of Canberra and Goulburn

6 & 7 June The Most Holy Body and Blood of Christ (A)

Msgr John Woods- PP, Fr Andrew Yang-Korean Chaplain, Jacinta Dinn - Parish Secretary.

“Inspired by our faith in Jesus, we pray, listen, and welcome all as we reach out in service to transform the world.”

ST MATTHEW'S CHURCH

12 Chewings Street, Page

ST VINCENT DE PAUL CHURCH

7 Bindel Street, Aranda

Sunday Masses

Saturday	6:00pm	Page
Sunday	8:30am	Page
	10:00am	Aranda
Samoa (4th Sun)	12:00pm	Page
Korean	3:00pm	Aranda

Weekday Masses

Tue	5:30pm	Aranda (Adoration 4:45pm)
Wed	7:00 am	Page
Thu	9:30 am	Aranda
Fri	9:30am	Page (Anointing 1st Friday)
Sat	12:00 pm	Page

Confessions

Saturday 11:00am-11:30am Page and 5:00pm-5:30pm Page

Baptisms

11:30am 2nd and 4th Sundays

Weddings

By appointment

PARISH OFFICE (MON, TUE & THU)

Orana Centre, 7 Bindel Place, Aranda
PO Box 4266 Hawker ACT 2614
02 6254 1827

belconnensouth@cg.org.au

Website – cg.org.au/belconnensouth

Facebook – www.facebook.com/southbelconnen?

Twitter – <https://twitter.com/Bleconnen P>

PRESBYTERY

12 Chewings Street, Page
Fr John 0418 208 129

SOLEMNITY OF THE MOST HOLY BODY AND BLOOD OF CHRIST

Catholics used to speak of their ‘Sunday obligation’ or the law of the Church to gather with the community unless sickness or particular circumstances prevented this. The vast majority of baptised Australian Catholics do not regularly gather each Sunday. Perhaps this reflects our societal dismissal of God and ‘all that stuff?’ The back-story of the Eucharist is the Israelites forty years wandering in the wilderness. They were sustained by God’s providence in the form of manna or ‘bread from heaven’ (First Reading) and water from the rock. Their dependence on God’s providence prefigures the gift of the Eucharist. This is made explicit in today’s Gospel from John referring to sacrament of the Body and Blood of the Lord. “Whereas the original manna sustained the Israelites only for a time – after which in due course they died – this ‘Bread from heaven’ will sustain people for eternal life ... It is in this sense that Jesus says, ‘Anyone who eats this bread will live for ever.’” (Brendan Byrne) Our Second Reading focuses on the idea of *koinonia* or ‘communion’. The latter “is the bond set up between people by their common participation in some other thing” (ibid). This communion manifest in the Eucharist is two-fold: “‘horizontally’ with each other; vertically with Christ” (ibid). It is with this understanding that Vatican II acclaimed the Eucharist as “the source and summit” of our endeavours ‘in Christ’. Recently Pope Leo claimed that in the liturgy (or the ‘public worship’ of the Church), contrary to a societal focus on productivity, “we experience a logic of gratuitousness, we find a pause that regenerates the heart, we recognise that we are preceded by divine grace, we learn to live in a rhythm inhabited by the Holy Spirit.” From September 3 to 10, 2028 Sydney will host the 54th International Eucharistic Congress, coinciding with the 100th anniversary of the 1928 Sydney Congress. Pope Leo will attend. In June 2022 Archbishop Jose Gomez, Archbishop of Los Angeles offered the following prayer for ‘Eucharistic Revival’: “Heavenly Father, we thank you for the gift of your Son, our Lord Jesus Christ, who promised to stay with us always, until the end of the age. Reawaken our wonder at His presence in the Most Holy Eucharist. May our hearts burn within us as He opens the Scriptures and breaks the bread. Give us the eyes of faith to recognise His presence in our brothers and sisters, especially in the face of the poor and the suffering. Nourished by the Eucharist, send us forth to walk faithfully as missionary disciples, proclaiming the Gospel to every heart and extending Your kingdom to every land. We ask this through Christ our Lord. Amen.” The ‘vertical’ and the ‘horizontal’ dimension of this prayer are also manifest in Pope Leo’s critique of AI. Everyone has a dignity that must be respected. To assist our understanding of the Church’s social teaching, I refer you to two articles in the foyer; one addresses that teaching in summary and the other engages with the vision and some implications of Pope Leo’s critique.

Fr John

Archdiocesan Notices



CATHOLIC
THEOLOGICAL
COLLEGE



Catholic Theological College

Online Information Session

Explore Philosophy, Theology, and Ministry-related courses

Monday 15 June at 7pm (AEST)

Register via our website: ctc.edu.au/information-session

For more information contact: [Dr Maureen Saclot, Registrar](mailto:Dr.Maureen.Saclot@ctc.edu.au)

AID TO THE CHURCH IN NEED

Did You Know? One in Seven Christians Worldwide Experiences Persecution

An estimated one in seven Christians worldwide experiences persecution or discrimination because of their faith.

In countries including Nigeria, Burkina Faso, Pakistan and China, Christians can face imprisonment, violence, or pressure to abandon their faith simply because they follow Christ.

Yet despite persecution, countless Christians continue to gather for Mass and practise their faith with remarkable courage - even when doing so may place their freedom or lives at risk.

These Christians are not strangers to us. They are our brothers and sisters in Christ, and we are called to stand with them in prayer and solidarity.

Through Aid to the Church in Need (ACN), discover their stories and be inspired by the courage of Mathieu and Pauline, catechists from Burkina Faso who were kidnapped for their faith.

Read their remarkable story by scanning the QR code, or visit aidtochurch.org/bulletin



MEN'S VOCATION DISCERNMENT DINNER 11 June 6:00 pm

Archbishops House. For men interested in discerning a call to the Priesthood. RSVP Vocations Director Fr Emil emil.milat@cg.org.au 0414 523 036.

MEN'S VOCATION DISCERNMENT SILENT RETREAT 19 -20 June 6pm

St Clement's Galong NSW. One day of insightful input within a retreat centre of noted deep spiritual ambience. RSVP Fr Emil emil.milat@cg.org.au 0414 523 036.

GARAGE AND PLANT SALE 20 June 09:00 am - 1 pm

Come along and explore a fantastic range of items, including high-quality plants, bric-a-brac, toys, clothing, craft items, homewares, handbags, jewellery, shoes and accessories.

Marymead CatholicCare, 255 Goyder Street, Narrabundah

CENACLE Institute for Synodal Evangelisation second Formation Forum, "Who is God?" 25 June 2026 5 pm

This Forum offers an opportunity to reflect on the identity and nature of God as we explore the Christian understanding of God as Father, Son and Holy Spirit. Through interviews and personal stories, the evening will explore what it means to move beyond simply knowing about God to discovering and developing a relationship with Him.

Place: Veritas Building, Australian Catholic University. Online offering is available for those outside Canberra.

Free. Registration required: bit.ly/formation-forum-god

Livestream link will be provided upon registration. For more information, please email: institute@cg.org.au.

INSTAGRACE 17-19 July

A three-day Catholic residential program organised by Jesus Youth Canberra for teenagers aged 13 to 17. It helps young people grow in self-understanding and develop a personal relationship with Jesus through talks, music, and life testimonies.

Venue: Outward Bound Australia, Naas Road, Tharwa, ACT

Date & Time: Friday, 17 July 2026 (9:00 am) to Sunday, 19 July 2026 (4:00 pm)

Registration Fee: \$290

Registration Closes: 12 July 2026. Register via the [link](#) or contact Jerin Niju on 0469 738 253.

Parish Safeguarding Commitment:

The Parish of St Matthew and St Vincent de Paul is committed to safeguarding and upholding the dignity and rights of all of our children and vulnerable people.

Communicating Safeguarding concerns: Parishioners are encouraged to raise any safeguarding issues by contacting Fr John by emailing or phoning the Parish office or by contacting our Safeguarding Volunteer, Ann Cleary, at SafeGuarding.BelconnenSouth@cg.org.au.

The Manager for the Archdiocese's Institute for Professional Standards and Safeguarding, Maria Hicks, can be contacted at ipss@cg.org.au.

CONFIRMATION COMMITMENT MASS

13/14 June



CHILDREN'S LITURGY 7 June

During 10 am Mass at St Vincent's, Aranda.
Next: 21 June

AFTER MASS

- Morning Tea after 8:30 am Mass 1st Sunday of the month St Matthew's. **(7 June)**
- Cheese and bikkies after the 6pm Vigil 2nd Saturday of the month St. Matthew's. (13 June)
- Morning Tea after 10am Mass 3rd Sunday of the month St Vincent's. (21 June)

RECENTLY DECEASED

Emily Robinson, Elizabeth Basevi, Tania Bradley, Anne Walsh, Neale Daniher, Brian Connolly, Karen Nixon, Victor Anderson, Lucette O'Dea, Sr Patricia Bell LCM, Mary Kane, Peter Cook-Russell, Mary Lunardi.

ANNIVERSARIES

Ken Hill, Bernard Finnerty, Andrew Francis Dennis, Shaun Walls, Ellen Woods, Agatha Tang.

THE SICK

Rudi Grman, Patricia Walker, Sharon Chisholm, Maureen Dalzell, Ivor Thomas, Tim Lindley, Sophy Jacob, Shirley Dellamarta, Matt Chuncky, Lucas Parker, Brian Fitzgerald, Fr Michael Mullen, Pauline Zerbo, Luke Buckmaster, John Muscat, Kathryn Anderson, John Collard, Angela Collier, Gemma Collier, Anne Darmody, Leon Darmody, Mary East, Richard East, Ken Evenden, Tony Fuller, Fr Chris Gardiner OFM, Ivan Guevara, Denise Hampson, Pat Hannon, Madellon Harvey, Margaret Keen, Charlie King, Bob Longland, John Malycha, Pamela Myatt, Barry Joseph O'Leary, Oscar Perez, Francis Power.

PRAYERS FOR THE SICK

Please check this list. Is there anyone you know who does not need to be on this list?



VINNIES CEO SLEEP OUT Every night, thousands of Australians experience homelessness. But it doesn't have to be that way. This year, **Lisa Harris - Parishioner and Principal of one of our Archdiocesan Schools**, is taking part in the Vinnies CEO Sleepout to raise money for the St Vincent de Paul Society to support Australians in need. On Thursday June 18, she will be sleeping outside as part of an eye-opening experience to raise awareness and bring home the realities of homelessness.

To support Lisa's cause go to this link: <https://www.ceosleepout.org.au/fundraisers/lisaharris/act>

SAVE THE DATE – St Vincent's School Trivia & Games Night! Friday, 7 August 2026, 7:00pm.

Mark your calendars and gather your friends for a fun-filled evening at the **St Vincent's School Trivia and Games Night!** It promises to be a wonderful night of laughter, friendly competition, and community spirit for all to enjoy.

More details to come soon — stay tuned!

	6 & 7 June 2026			13 & 14 June 2026		
	6 pm Page	8:30 am Page	10 am Aranda	6 pm Page	8:30 am Page	10 am Aranda
Reader	Peter Davies Gabrielle Jarvis	Yvonne McAdoo Janet Moyle	Michael Allam Marie Carroll	Geraldine Lillingston Peter Rodda	Mary Morris Christina Rowe	Ann Cleary Lisa Harris
Senior Server	Robyn Grubmueller	Damien Power	Bernadette Leger	Robyn Grubmueller	John Woods	Jenny Murphy Sacristan
EMHC	Judi Ahern Mary Williams	Mary Morris Catherine Power	Racjane Burroughs Annette Charge	Lea Bewick Catharina Koopman	Carmel Brady Jan Woods	Mina Chiu Helen Digan
Linen/Altar		Ann Tierney			Ann Tierney	
Cleaning Group	Caroline W, John D, Belinda L, Anita C		Jenny M, Marie C, Robyn G, Peter K, Catharina K			

Entrance Antiphon

He fed them with the finest wheat
and satisfied them with honey from the rock.

First Reading Deuteronomy 8:2-3. 14-16

Moses said to the people: 'Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.

'Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.'

Responsorial Psalm

(R.) Praise the Lord, Jerusalem.

(L.) O praise the Lord, Jerusalem!

Zion, praise your God!

He has strengthened the bars of your gates,
he has blessed the children within you. **(R.)**

(R.) He has established peace on your borders,
he feeds you with finest wheat.

He sends out his word to the earth
and swiftly runs his command. **(R.)**

(L.) He makes his word known to Jacob,
to Israel his laws and decrees.

He has not dealt thus with other nations;
he has not taught them his decrees. **(R.)**

Second Reading I Corinthians 10:16-17

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

Gospel Acclamation

Alleluia, alleluia!

I am the living bread from heaven, says the Lord;
whoever eats this bread will live for ever.

Alleluia!

Gospel John 6:51-58

Jesus said to the Jews:

'I am the living bread which has come down
from heaven.

Anyone who eats this bread will live for ever;
and the bread that I shall give
is my flesh, for the life of the world.'

Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?'
they said. Jesus replied:

'I tell you most solemnly,

if you do not eat the flesh of the Son of Man
and drink his blood,
you will not have life in you.

Anyone who does eat my flesh and drink my
blood

has eternal life,

and I shall raise him up on the last day.

For my flesh is real food

and my blood is real drink.

He who eats my flesh and drinks my blood
lives in me

and I live in him.

As I, who am sent by the living Father,

myself draw life from the Father,

so whoever eats me will draw life from me.

This is the bread come down from heaven;

not like the bread our

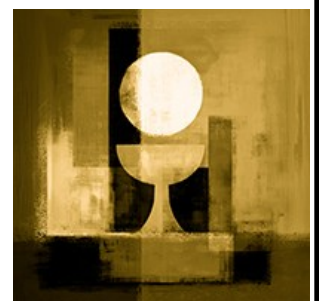
ancestors ate:

they are dead,

but anyone who eats this

bread will live for

ever.'



Commissioning of Ministers of Holy Communion

Sisters and brothers, this most holy sacrament makes us one body. As you visit our sick and housebound friends, help them to realise that, though unable to worship with us in church, they are part of the community of our faithful.